

## BIRLA HIGH SCHOOL

### GENERAL CIRCULAR FOR SCHOOL TIMINGS AND AFTERNOON SPORTS

#### ACTIVITIES (Classes- VI- VIII)

Parents / Guardians of students joining Class VI/VII/VIII from April 2026 are to note the following points:

1. The new session will begin on 1st April 2026 (Wednesday) for the students.
2. School timings will be : 7:30 am to 2:00 pm.

**Afternoon Activities (2:00 pm to 4:00pm) :** The **Physical Education classes** will be held every Wednesday for Class VI, on Monday for Class VII A, B and C and on Tuesday for Class VII D and E and on Thursday for Class VIII A, B and C and Friday for Class VIII D and E. School will get over at **4:00 p.m.** on these days. **It is compulsory to attend this class if a student is present in school. Kindly do not make any requests for early dismissal. There will be no afternoon activity classes on 1st April, 2026.**

3. We follow a five-day week (Saturdays and Sundays are holidays). Classes will be held from Monday through Friday. However, on some Saturdays, school will function as a working day. Attendance is compulsory on those Saturdays.

4. Guardians are to make the necessary arrangements regarding transportation of the students to and from school every day.

5. The school starts at 7:30 am, with a 10-minute grace period. If a student is late for three days in a term, they will be sent home on the fourth day, and their parents will be asked to come to the school to pick them up.

6. **Attendance is compulsory on the first day after the vacations and the last working day before the school vacations. No requests will be entertained for early dispersal on these days.**

7. The following activities will be conducted during the **Physical Education classes (2:00 p.m. to 4:00 p.m.):**

- Roller Skating (Full set to be purchased – skating shoes, helmet, elbow guard, knee guard – JONEX BRAND). This is to be brought to school according to the schedule which will be given once classes begin.

- Games – Basketball, Volleyball, Table Tennis, Cricket, etc.

- For Karate **OR** Yoga : Karate dress **OR** Yoga mat to be purchased. (Karate dress will be sold from school after classes begin. To be brought to school compulsorily every afternoon activity day.)

8. Boys may **choose between Yoga and Karate** for the Sports Activity. All other games are compulsory.

9. **An Orientation Session for the parents of middle school students (Classes 6-8) will be held on Saturday, 11<sup>th</sup> of April 2026.** You will soon be notified of the details for the same.

Thank you,

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Principal